

O'Sensei's last uchideshi returns to Hawaii !

# Morito Suganuma Shihan

## Sept. 5-7, 2015 at Aikido of Hilo

Labor Day Weekend

**Suganuma Sensei is 8<sup>th</sup> Dan,  
Senior Shihan of Kyushu, Japan**

**Sent to Fukuoka in 1970 by Doshu  
Kisshomaru Ueshiba,  
he now has about 4000  
students at 80 dojos**

**The final uchideshi trained  
by O'Sensei, he has instructed  
aikido seminars worldwide**

**His visits in 2011 & 2013 were an  
awesome experience. Don't miss  
this chance to train with him.**



**Suganuma Sensei began aikido  
under Tamura Shihan in 1963;  
He entered Hombu Dojo as  
uchideshi in 1967**

**In addition to aikido training,  
Suganuma Sensei is known  
for his practice of calligraphy,  
Zen and yoga**



**Classes will meet**

**Saturday and Sunday morning & afternoon and Monday morning (Labor Day)**

**Registration is now open! Register early for the best rates.**

**Visit [AikidoOfHilo.org](http://AikidoOfHilo.org) for updates & registration materials**