

Capital Aikido

Lincoln
2540 West "O" Street



Capital Aikido-Lincoln presents
Bill Plank, Sensei
6th Dan, Capital Aikikai,
October 27-29, 2017

Bill Plank Sensei is the chief instructor of [Capital Aikikai](#) (founded by Clyde Takeguchi Shihan) in Silver Spring, MD. He holds the rank of *rokudan* — sixth degree black belt — and is a *shidojin* instructor, certified through the Aikikai Hombu dojo in Japan. He has been training with Takeguchi Sensei since 1981. Plank Sensei teaches several beginning and advanced classes during the week and is also chief instructor of the [Jackson Hole Aikikai](#), in Jackson, WY.



Photos courtesy of Noel Judd

In addition to his black-belt in Aikido, Plank Sensei has a black-belt in Uechi-ryu, a traditional style of Okinawan karate, and he studies Tenshin Shoden Katori Shinto-ryu, a traditional Japanese weapons system, with [Tetsutaka Sugawara Shihan](#). For more information about Tenshin Shoden Katori Shinto-ryu visit the [Capital Katori](#) website.



Class Times:

*TBD (based on flight
schedule)

*Typically Fri. 7pm,
Sat. 10am&2pm, Sun. 10am

Fees:

\$60 Weekend

\$40 Saturday only

Potluck Saturday evening! For more
info., email aicarriecampbell@gmail.com.