



Shuurin Dojo  
Summer Seminar  
Featuring Randy Bonifay  
Mid-America Aikido Federation



Aug 1 – 3, 2014



## Practice Schedule

Friday Aug 1  
6:30 – 8:00 pm  
Bonifay Sensei

Saturday Aug 2  
9:30 am – 11:30 am  
Ellefson Sensei  
Break  
1:00 pm – 4:00 pm  
Bonifay Sensei

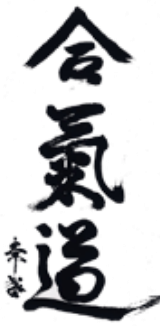
Sunday Aug 3  
11:00 am – 2:00 pm  
Bonifay Sensei

## Seminar Fee:

Friday - Free  
Saturday - \$50  
Sunday - \$30

Sat & Sun - \$70





**Shuurin Summer Seminar 2014  
Registration Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Dojo: \_\_\_\_\_

Rank: \_\_\_\_\_

Days attending:

**Seminar Fees:**

Friday Aug 1	_____ (\$0)	Dinner Friday (Downtown Crawl)	_____
Saturday Aug 2	_____ (\$50)	Dinner Saturday (J's on Jackson)	_____
Sunday Aug 3	_____ (\$30)	Dinner Sunday (Claudia's Roof)	_____

Entire Seminar \_\_\_\_\_ (\$70)

Total \_\_\_\_\_

\* Registration forms and seminar fees will be collected at the door.

Please make checks payable to: ***Shuurindojo, LLC.***

\* *You can also pay online at [www.shuurindojo.com](http://www.shuurindojo.com)*

\* *Donations are greatly appreciated!*

Please send an email to **lloyd@shuurindojo.com** if you plan to attend, so that we may plan accordingly and notify you of any changes!

**Shuurin Dojo**  
**General Release**

**BECAUSE PARTICIPATION IN AIKIDO CLASSES MAY BE DANGEROUS, WE REQUIRE ALL PARTICIPANTS TO ASSUME ALL RISK BY SIGNING THIS GENERAL RELEASE.**

The Undersigned, for himself or herself and personal representatives, assigns, heirs and next of kin or any of them:

1. Hereby Releases, Waives, Discharges and Covenants Not To Sue Shuurin Dojo, LLC and each of its instructors or officers, employees and agents all for purpose herein referred to as Releases, from liability to the Undersigned, his personal representatives, assigns, heirs and next of kin for all loss or damage and any claim or demands therefore, on account of injury to the person or property or resulting in death of the Undersigned, whether caused by the negligence of Releases or otherwise while the Undersigned is upon the premises of Shuurin Dojo LLC and/or a participant in classes or workouts, and
2. Hereby Agrees To Indemnify And Save And Hold Harmless the Releases and each of them from any loss, liability, damage, or cost they may incur (1) due to the presence of any action of the Undersigned in or about Shuurin Dojo, LLC, and/or

(2) due to participation in classes or workouts whether caused by the negligence of the Releases or otherwise.

The Undersigned expressly agrees that the foregoing Release, Waiver and Indemnity Agreement is intended to be as broad and inclusive as is permitted by the Law of the State of Nebraska and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

The Undersigned warrants the following statements are true and correct and understands that the Releases have relied on them in entering into the foregoing Release, Waiver and Indemnity Agreement and in giving the Undersigned permission to enter the premises of Shuurin Dojo, LLC or any place of practice by Shuurin Dojo, LLC and to participate in aikido classes:

1. No oral representations, statements or inducements apart from this written agreement have been made.
2. The Undersigned individually is fully aware of the risks and hazards inherent in entering upon the premises of Shuurin Dojo, LLC or in participating in any events or classes held in or upon the premises of Shuurin Dojo, LLC and hereby acts voluntarily to enter upon said premises, knowing the present condition and knowing that said condition may become more hazardous and dangerous during the time that the Undersigned or either of them are upon said premises. The Undersigned is fully aware that martial arts and all activities associated with participation in aikido classes and workouts (which of necessity may include rigorous physical exertion, bodily contact, throws, pins, and takedowns) is a calculated risk activity, and contains inherent risks and dangers (including serious injury or death), that no amount of care, caution, instruction, or expertise can eliminate. The participant knows and understands the scope, nature and extent of the risks involved in the activities contemplated by this agreement. The Undersigned individually hereby voluntarily assumes all risks of loss, damage, or injury that may be sustained while in or upon the premises of Shuurin Dojo, LLC or anywhere Shuurin Dojo, LLC participants attend aikido classes and workouts.
3. That the Undersigned participant gives consent to whatever medical care might be provided or available on the premises and further agrees to conform and comply with all the rules and regulations of Shuurin Dojo, LLC.

4. THE UNDERSIGNED PARTICIPANT OR HIS OR HER LEGAL REPRESENTATIVE OR GUARDIAN HAS READ AND VOLUNTARILY SIGNS THIS RELEASE AND WAIVER OF ALL LIABILITY AND INDEMNITY AGREEMENT.

**PARTICIPATION IN AIKIDO CLASSES AND WORKOUTS MAY BE DANGEROUS.**

BY SIGNING THIS DOCUMENT YOU CERTIFY THAT YOU ARE OVER 18 YEARS OF AGE AND THAT YOU UNDERSTAND ITS CONTENTS.

SIGNATURE \_\_\_\_\_ DATE: \_\_\_\_\_

PLEASE PRINT NAME: \_\_\_\_\_

OR, IF YOU ARE UNDER 18 YEARS OF AGE YOU WILL NEED THE SIGNATURE OF YOUR PARENT OR LEGAL GUARDIAN.

PARENT'S OR LEGAL GUARDIAN'S SIGNATURE \_\_\_\_\_

DATE: \_\_\_\_\_

Our new dojo is located at  
14121 S Street  
Omaha, Ne 68137

Most activities will be taking place in Downtown Omaha.

Block of rooms reserved at the Hyatt Downtown Omaha.

540 South 12<sup>th</sup> Street

Omaha, Ne 68127

1-800-233-1234

Rooms under Claudia Brown-Jackman, Midwest America Aikido Federation

\* Call by July 1

Saturday dinner is at  
J's on Jackson Street  
1101 Jackson Street  
Omaha, NE 68102

Sunday night is rooftop BBQ at Sensei's Claudia's place

Questions?

Sensei Lloyd: (402) 630-8592

Sensei Claudia: (402) 630-3169

**[lloyd@shuurindojo.com](mailto:lloyd@shuurindojo.com)**

**[claudia@defenseproject88.com](mailto:claudia@defenseproject88.com)**